

Voluntary CENTRE Services

North Kesteven

Voluntary Centre Services North Kesteven and Volunteer Centre North Kesteven are services of Urban Challenge Ltd (registered charity no 1072949 and company limited by guarantee no 3438413)

VCS North Kesteven is supported by:



Supported by

The National Lottery[®]
through the Big Lottery Fund



European Union
European Social Fund
Investing in jobs and skills

V inspiring a new
generation of
young volunteers

Lincolnshire
COUNTY COUNCIL

Voluntary Centre Services North Kesteven
26 Carre Street, Sleaford, Lincs. NG34 7TR

info@volunteercentrenk.org.uk
www.vcsnorthkesteven.org.uk

News Bulletin

May 2010



Volunteer Centre
North Kesteven

26 Carre Street, Sleaford
Tel: 01529 308450
Email: info@volunteercentrenk.org.uk

Welcome!

Welcome to the latest volunteering bulletin from Volunteer Centre North Kesteven.

We aim to provide:

- ⇒ Information on new opportunities in the area
- ⇒ News on volunteering
- ⇒ Issues that may affect you as a volunteer
- ⇒ Advice on how to get into volunteering

Volunteering is an interesting and exciting way to learn new skills, meet people, be involved in your community and have fun!

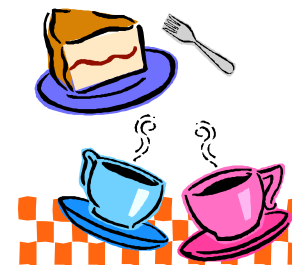
Whether you are new to the area, want to gain experience to enhance a qualification or brush up on skills to improve employment prospects, volunteering can be a great way to make a difference.

For more information on your local Volunteer Centre and what we can do for you, please call 01529 308450, email info@volunteercentrenk.org.uk or you can visit the national volunteering website: www.do-it.org.uk.



Volunteer Centre Open Day

Wednesday 2nd June 10am-2pm



We will be holding an open day here at the Volunteer Centre during VolunteersqWeek giving you the chance to come and have a look what we do here at the Centre. You can come and have a cuppa, a slice of cake and talk to local organisations about the different ways you can get involved in your community. You can also chat with Volunteer Centre advisors about other opportunities available, or search the national volunteering website. So if you would like to come along for a chat about volunteering, please join us from **10-2** on **Wednesday 2nd June**.

We will also be holding a small book sale to raise money for the VCS Community Fund so please feel free to come and have a drink and a browse!



Volunteers' Week 2010

1-7 June 2010



Yes it's coming up to that time of year again! Volunteers' Week is an annual event which celebrates the fantastic contribution that millions of volunteers make across the UK. The Week plays a huge part in raising the profile of the millions of volunteers who regularly contribute to society, while inspiring others to get involved too.

To highlight this contribution, there is a burst of activity during 1-7 June when a host of organisations from the public, private and charity sectors will hold parties and award ceremonies to thank their volunteers. and highlight their contribution to local groups and the wider community, while individuals are encouraged to use the Week to find out more about volunteering.

We will be holding an open day to allow people to pop in to find out more about volunteering. More details can be found in this bulletin.

Realise your potential today!

Are you currently unemployed?

Want the chance to gain a Level 1 qualification and have the chance to be interviewed to volunteer at the London 2012 Olympics?

The Personal Best Programme is your opportunity to learn new skills, gain a qualification and get support looking for jobs. What's more, if you successfully complete the programme you will get a guaranteed interview to become a London 2012 volunteer!

Personal Best is open to anyone over 19 who is not in work or education but would like to gain opportunities to volunteer and at the same time improve their skills and chances of getting a job.

Some of the topics you will learn about are:

- ★ Developing team and interpersonal skills
- ★ Emergency and fire awareness
- ★ Conflict resolution
- ★ Understanding customer relations
- ★ Volunteering and the Olympic & Paralympic Games

If you would like to find out more on how you can achieve your Personal Best, please contact the Volunteer Centre.

Opportunities for 16-25 yr olds

Off the bench sports volunteering

**Bored? Aged 16 - 25? Want something to do?
Want to learn new skills in a fun and practical
way?**

Do you want to get on the first step of the ladder to working in your dream job?

Time to get yourself OFF THE BENCH!!!

Off The Bench Sports Volunteering Opportunities gives you the chance to mentor, coach, steward, referee or take part in a huge range of sporting opportunities from 'Space Hopper Soccer' to Netball, Tennis, to Wheelchair Basketball and beyond. Helping support local events and National Festivals, if you want to be involved in sports, this is your chance to stop spectating and start taking part. Activities will be taking place in Lincoln, Boston, Grantham and Sleaford.

Want to know more? Get yourself OFF THE BENCH!

No skills or qualifications needed, just the willingness to help and take part. For more information please contact us on 01529 308450 or email info@volunteercentrenk.org.uk.

Opportunities for 16-25 yr olds

Youth Judges for Lincolnshire Heritage Awards

**Are you aged 16 - 25? Are you interested in
heritage and museums?**

3 young people are needed to join the judging panel for the Lincolnshire Heritage Awards.

The judging will take place on 14 and 15 June when you will visit the shortlisted museums. The days are usually great fun, but can be quite long. You will not need your own transport as all the judges will travel together to the museums. Lunch, refreshments and expenses on the days will be provided.

No experience or knowledge of museums or heritage is needed, just enthusiasm and interest. The awards will be presented at an awards ceremony in Alford on 16 July, which we hope judges will be able to attend. Please contact the Volunteer Centre for more information.

